



RELATIONSHIP DILEMMA

COURSE OVERVIEW

Relationship Dilemma believes that all relationships are significant and our relationship with God and our neighbours matter. **We believe romantic relationships are a great gift from God; they can bless people, bring security and excitement, and help us to mature into better people. We also believe that bad relationships can cause emotional pain, harm those involved and cause deep unhappiness.** Relationship Dilemma is about trusting in God when he says he cares about every area of our lives and wants to be involved and transform it. We want to show that the Bible contains inspiring, significant and helpful wisdom for forming healthy romantic relationships in the twenty-first century.

We want to bring discipleship into dating. Our courses will teach people that God cares about our relationships and desires, offer a framework for applying ancient Biblical wisdom to the modern dating culture and give practical and relevant advice for dating. **By the end of our course people will be able to analyse what the dating culture offers, have a firm grasp of what God can offer, and know how to practically date now/in the future in a way that honours God, and support others wrestling with the same issues.**

Our courses involve biblical teaching, testimony, discussion and interaction. There will be free material online and books available to buy on the subject that offer ongoing help after the course. **Our courses are designed for teenagers, and people in their 20s and 30s.**

Course Options

Option A) One-off Talk

Format: **Someone from Relationship Dilemma will come and deliver a talk** during an event, at your mid week group, etc., with a PowerPoint presentation. There will be discussion and interaction, and the option of doing Q&A and prayer ministry at the end.

Basic Content: Biblical teaching on the importance of relationships. Testimonies of bad dating and their effects. Analysis of current dating norms and their effects. Outlines a framework for applying biblical teaching to modern dating. Addresses the tough questions (e.g. 'Does God bring me the One?', 'Can I date a non-Christian?', 'When it comes to sex, how far is too far?', 'When can I start dating?', 'Do I need to marry the next person I date?')

Time: about 1 hour and 15 minutes depending on Q&A and prayer ministry time.

Option B) The Extended Course

Format: As with the one-off talk, someone from Relationship Dilemma will deliver a talk, but then **we will also give you the material to lead ONE follow up Bible study session** in your small Bible study groups. The study will involve lots of discussion. There will be a DVD with video clips used as well.

Extras: You will also get 2 free Dating Dilemma Books to use as you wish.



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Basic Content: This course will cover all the content mentioned above plus; Biblical teaching on God's constant instruction to value relationships and selflessness. The Bible's constant call for radical discipleship in romantic relationships that goes against cultural norms (1 Corinthians 7; Ephesians 5). Teaching on how to start applying these principles to modern dating situations. Practical advice for dating choices and issues (e.g. knowing why we want a relationship, knowing how to start/ stay in a healthy relationship, looking at compatibility, etc).

Time: about 1 hour and 15 minutes.

Option C) The Full Course

Format: As with the one-off talk, someone from Relationship Dilemma will deliver a talk, but then **we will also give you the material to lead THREE follow up Bible study session** in your small Bible study groups. The studies will involve lots of discussion. There will be a DVD with video clips used as well.

Extras: You will also get 4 free Dating Dilemma books to use as you wish.

Basic Content: This course will cover all the content mentioned above, but will go into more depth and cover additional areas. For example: the issues surrounding of self-image and dating. Challenging more directly the idea that feelings are enough to make a relationship work. Explore how God is committed to our relationship with him and why that should transform our dating attitudes. Understanding how a fulfilling relationship fits in with God, friends, family, Church and wider interests. Explore the issue of physical boundaries.

Time: Each session is about 1 hour long.

Bespoke courses

We can also provide bespoke courses for a variety of contexts and demographics. For example, we can provide a session for youth/student workers or church leaders on this topic. We have also worked with groups who are mentoring ex-offenders. So we can tailor the course to the need.

Prices

We never want lack of funds to prevent a course. So are happy to work something out with churches and organisations when necessary. However, we encourage churches to raise funds when possible, and the price for the courses range between £110 - £330 + expenses. **Please get in touch to talk more about price.** (Expenses will always be the cheapest option. For example, pre booked trains standard class, etc.)

Conclusion

These courses will allow participants to think about why discipleship needs to be brought into dating and what that looks like; have their own attitudes and assumptions challenged; realise how God's word can be made relevant; understand that God cares and brings forgiveness and a better way; and have tangible and practical advice that they can apply to their own situation, whether single or dating.

Please email hello@relationshipdilemma.com to arrange a booking or ask more questions.