



THE RELATIONSHIPS COURSE

Session 1: Getting started

- the myths and reality about singleness, dating and marriage

Session 2: Good communication

- understanding differences, talking and listening skills, resolving conflict

Session 3: Sex and sexuality

- the purpose and power of sex

Session 4: Healthy living

- forgiveness and healing - past and present

▶ Session 5: Moving forwards

- how do we know if we're right for each other?